



# ART IN MIND

The Art in Mind program, a collaboration between the Mississippi Chapter of the Alzheimer's Association and the Mississippi Museum of Art (the Museum), is specifically designed to meet the needs of persons with early-stage dementia and their caregivers. The program takes place at the Museum on the 4<sup>th</sup> Wednesday of each month and includes an experience in the Museum's galleries as well as a hands-on component in the studio classroom.

The program is free and open to the public. To participate, a complete registration form must be submitted by the 15<sup>th</sup> of the month in which you are seeking to attend and processed by the staff of the Alzheimer's Association. Your space will be confirmed by the Alzheimer's Association no later than the Monday prior to the Wednesday session.

Submit your completed registration form to Sara Murphy, Community Outreach Coordinator of the Alzheimer's Association via e-mail at [info@msalz.org](mailto:info@msalz.org), via fax at 601.853.0850, or by mail:

Alzheimer's Association

196 Charmant Place, Ste 4

Ridgeland, MS 39157

Registration information collected will be held strictly confidential and is required to ensure that the registrants' safety is maintained and their experience at the Museum is meaningful.

Questions? Read the FAQ (page 5) or contact Sara at 601.987.0020.

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MUSEUM of ART



# ART IN MIND

## 2012 Program Dates and Registration

You can register for one or more sessions by marking the date and submitting this sheet along with the detailed registration form that follows. All sessions are held at the Mississippi Museum of Art:  
380 South Lamar Street Jackson, Mississippi 39201 / 601-960-1515

Group size is limited. Should you be unable to attend a session for which you are registered, please call 601.987.0020 or email [info@msalz.org](mailto:info@msalz.org).

Month	Date - 4th Wednesday <small>*except in December</small>	Registration (Please mark the row that applies)
January	25	
February	22	
March	28	
April	25	
May	23	
June	27	
July	25	
August	22	
September	26	
October	24	
November	28	
December	19	

Please select one of the following:

- I am a new registrant. My detailed registration form is included.
- I have previously submitted a detailed registration form. I confirm that there have been no changes since the last submission.
- I have previously submitted a detailed registration form. There have been changes to the information and a new form is included.

Registrant name: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_



# ART IN MIND

## PART 1: PERSONAL INFORMATION

Today's Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

### Person with Dementia

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

(Please Circle) Male Female DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_ Telephone: \_\_\_\_ - \_\_\_\_ - \_\_\_\_

Address: \_\_\_\_\_  
Street City State Zip

### Care Partner

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

(Please Circle) Male Female DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_ Telephone: \_\_\_\_ - \_\_\_\_ - \_\_\_\_

Address: \_\_\_\_\_  
Street City State Zip

Email Address: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Telephone: \_\_\_\_ - \_\_\_\_ - \_\_\_\_

## PART 2: MEDICAL HISTORY

### I experience these symptoms:

\_\_\_ Dizziness, Fainting, Blackouts

\_\_\_ Balance/Coordination Problems

\_\_\_ High Blood Pressure

\_\_\_ I get cold easily.

\_\_\_ Low Blood Sugar (Hypoglycemia)

\_\_\_ I get hot easily.

\_\_\_ Nervousness/Depression/Mood Swings

Please list your medications: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Type of Dementia: \_\_\_\_\_ Diagnosis Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

### PART 3: ADDITIONAL INFORMATION

How did you hear about this program? \_\_\_\_\_

What is your favorite color? \_\_\_\_\_

What is your caregiver's favorite color? \_\_\_\_\_

What was your occupation? \_\_\_\_\_

What is your caregiver's occupation? \_\_\_\_\_

Do you have vision or hearing limitations? \_\_\_\_\_

What are your interests/hobbies? \_\_\_\_\_

What are your caregiver's interests/hobbies? \_\_\_\_\_

### PART 4: VERIFICATION AND SIGNATURE

Assumption of risk, release and permission: In consideration of being allowed to participate in Art in Mind, I hereby expressly assume all risks of personal injury, death or property loss arising in any way out of my participation. I represent that I am able to participate in this event. I hereby release and agree not to sue the Mississippi Museum of Art or the Alzheimer's Association, its chapters their respective officers, directors, volunteers, employees, sponsors and agents, from or in connection with any and all liability and claims arising out of my participation of this program.

Signature(s): \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_\_

I grant full permission to the organizers of this event to use and publish my name and image as a participant in photographs, videos and/or other recordings.

Signature(s): \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_\_

I will consider releasing my art to the Alzheimer's Association Mississippi Chapter and/or the Mississippi Museum of Art for publication and reproduction of work in order to fund the Art in Mind program.

Signature(s): \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_\_

## FAQ about ART in MIND

### About ART in MIND

Although access to memory is affected by dementia, imagination and creativity are not. That is a very powerful fact. People with Alzheimer's can express what they think and feel at the moment, instead of editing themselves according to others' opinions. Thus they are natural artists and make a natural audience for works of art.

There are so many people touched by this disease and the number is only growing. This program is where these two worlds merge. Here are some of the details.....

### What is the Art in Mind program?

Art in Mind is a museum art experience specifically designed for people living with Alzheimer's disease and related dementia and their care partners. Each Art in Mind session consists of two parts: (1) looking thoughtfully at works in the galleries; and (2) a hands-on component in the studio.

### What makes this program unique?

This is an opportunity for a special outing for persons living with dementia, together with their family members, friends and care partners. It is not only a trip to a museum, but it is an art experience specifically created to break through the dementia barriers, and to offer an atmosphere of inspiration and self assurance.

### How does it work?

The program includes art-looking and discussion in the galleries followed by an art-making experience.

Art-looking tours are created by museum staff and volunteers who have been trained in understanding the kinds of approaches used to facilitate discussions with the Alzheimer's observer and how to engage them in a dialogue about the art. These visits are not casual tours but are carefully planned discussion based explorations.

Art-making explores individual expression and creativity and encourages communication through painting. The sessions will provide some structure yet will leave ample room for flexibility and individual adaptations.

### Do I have to know anything about art or painting to participate?

No. Participants do not need to have any previous art experience to participate in this program. The program does not try to teach new skills and there are no quizzes on artists or comparisons of artwork. The program is designed to find an emotionally safe social space where people living with Alzheimer's and their care partners can find community.

### How will this program benefit people living with Alzheimer's?

Focusing on art allows people with Alzheimer's to experience something beautiful and meaningful without testing areas of the brain that have been affected. At museums, engaging with art touches emotional memory, which is a type of memory that is not diminished by the disease.

When is the program offered?

The program is offered monthly, on the 4th Wednesday at the Mississippi Museum of Art in Jackson, MS from 10:00 a.m. until 11:45 a.m.

Where is the Mississippi Museum of Art located?

Mississippi Museum of Art  
380 South Lamar Street  
Jackson, MS 39201  
601-960-1515 phone  
[www.msmuseumart.org](http://www.msmuseumart.org)

Do I need to register?

Yes. Participants will be required to register for the program in advance, and registration is on a first-come, first served basis.

- Group size is limited to eight people with Alzheimer's disease plus their family members and care partners, for a total of sixteen people.
- Registration forms are available at [www.alz.org/ms](http://www.alz.org/ms).

Do I need to participate in all of the sessions?

No, you can register for individual sessions or a group of sessions, based on what suits you. Each session is self-contained, meaning there is no sequence and you need not have been present at the previous session to participate in the current session.

What are the costs?

The program is offered free of charge. Participants are responsible for their own transportation costs both to and from the Museum.

What should I wear?

The galleries are kept very cool. Keep a sweater or jacket available.

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