



MISSISSIPPI
MUSEUM OF
ART



PRESSED
flowers

TUTORIAL



HISTORY OF

pressed flowers AS ART

- Oshibana is an art form where artists create images solely with pressed flowers.
- It has been practiced in Japan and China since the 16th century.
- Some of the earliest artists were samurai, who made Oshibana art to achieve a state of calm and practice patience.



MATERIALS

- scissors
- flowers, foliage, & greenery
- scrap or copy paper (4-10 pgs)
- parchment or wax paper
- your heaviest book (phone book, dictionary, cook book, etc.)
- stackable heavy items like books or bricks

James Stewart Harvey GIF By Turner Classic Movies




STEP #1

PICK THE RIGHT FLOWERS

- Gather fresh flowers that have a single layer of petals like DAISIES, PANSIES, and small WILDFLOWERS
- Add variety to your mix by clipping greenery and foliage, too. FERNS are our favorite!

*For best results, collect your samples after the morning dew has already evaporated.





NOTE:
the book's pages
will trap
moisture, so use
a book you don't
mind damaging

STEP #2

PREPARE YOUR BOOK

- Open your book to a page towards the end (but do not use the last pages).
- Place parchment/wax paper on both of the open pages.
- Then, add a sheet of copy/scrap paper on top of each wax paper.



STEP #3


PREPARE THE PLANTS

- Shape and place flowers/ greenery facedown on the scrap paper, leaving a little space in between each item.

NEED MORE ROOM?

- Skip a 1/2 inch worth of pages and repeat the process.

REMEMBER:
how they
lie is how
they'll dry



OPTIONAL:
Use tape to
secure the
stems in
place

STEP #4

PRACTICE PATIENCE

- Carefully close your book without moving your arrangement.
- Then, stack heavy items (books or bricks) on top.

LEAVE THE BOOK
CLOSED FOR 7 DAYS!



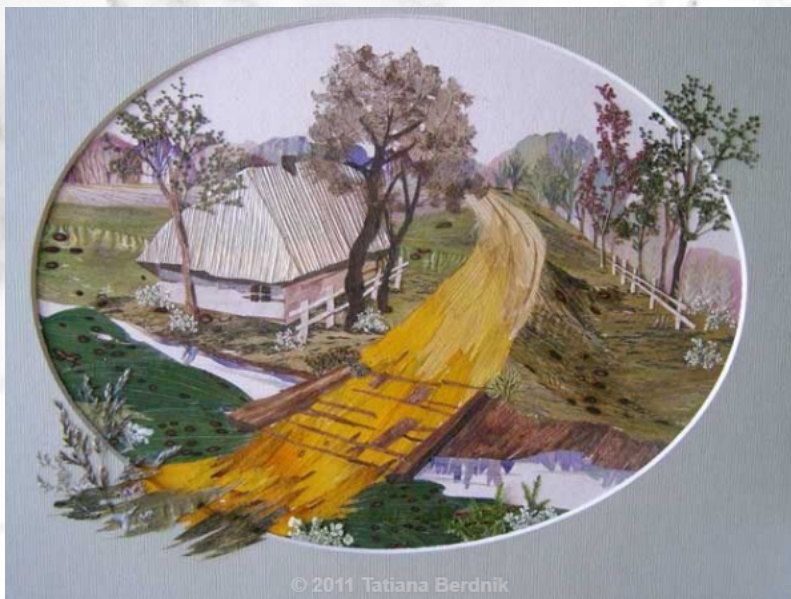
WITH YOUR PRESSED FLOWERS



SUSAN MCCHESENEY, "FLOWER 17.19," 2019, PETALS ON PAPER, 7 × 5 INCHES. IMAGE COURTESY OF THE ARTIST & THE ASHEVILLE ART MUSEUM

#1

Consider making your own Oshibana artwork.



TATIANA BERDNIK (UKRAINIAN ARTIST-FLORIST), "ROAD," 2011. PRESSED FLOWER CRAFT OSHIBANA. IMAGE COURTESY OF WWW.ARTMAJEUR.COM/ ©TATIANA BERDNIK



WITH YOUR PRESSED FLOWERS

#2

Find unique ways to display them around your house.



SHADOW

BOX



FLOATING

GLASS

FRAME



BUNDLED

BOUQUET

WITH YOUR PRESSED FLOWERS

#3

Decorate
cards to give
to your loved
ones.

**SHARE YOUR
CREATIONS
WITH US**

**#MMAEDU #MMAEDUATHOME
#MUSEUMFROMHOM #THEMUSEUMSCHOOLMMA**