

DESIGN YOUR OWN MANDALA



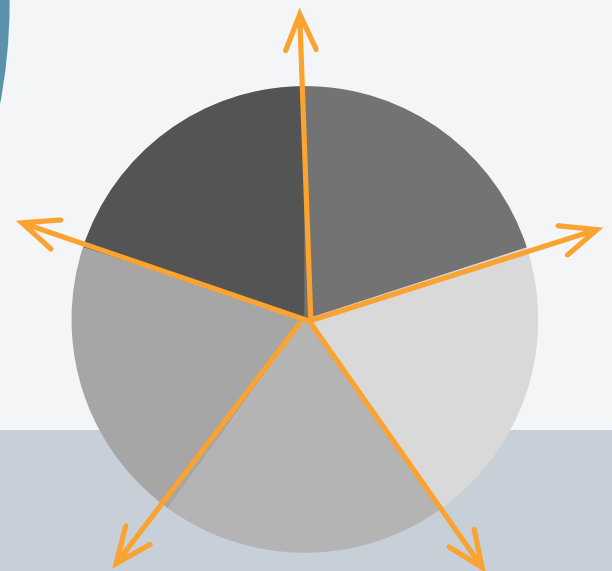
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ART

Joe Overstreet created a series of Mandala works that featured geometric wedges of bright, bold colors with lines radiating out from a central point.

Joe Overstreet, HooDoo Mandala, 1970, Acrylic on canvas with metal grommets and cotton rope, 90 x 89 ½ in., Neil Lane Collection



Joe Overstreet, Mandala, 1970, Acrylic on canvas with metal grommets and cotton rope, 93 x 89 in., Private Collection, New York City



Can you spot the central point of these mandalas?

Do you see the lines coming out from the central point?

What you'll need:



- Paper (white or light colored)
- Scissors
- Sharpened pencil with an eraser
- Crayons, colored pencils, or markers
- A hard object, like a wooden spoon

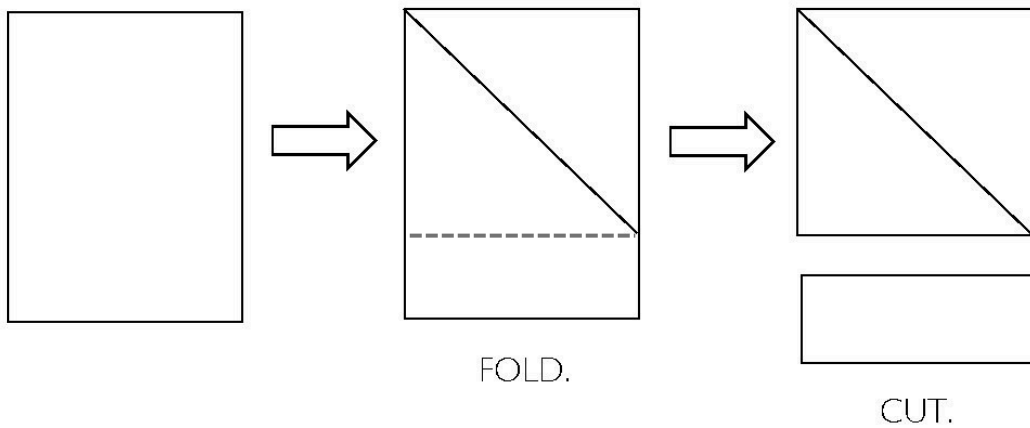
Mandala is a spiritual and ritual symbol in Hinduism and Buddhism, representing the universe.

The circular design symbolizes the idea that life is never ending, and everything is connected.

The meaning of the word "mandala" in Sanskrit is "circle."

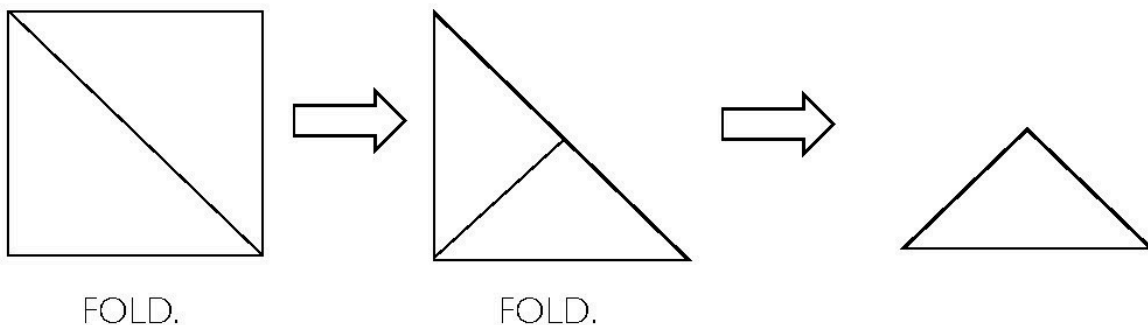
Step 1:

With your paper, fold the top corner into a large triangle. Cut the excess paper from the bottom.



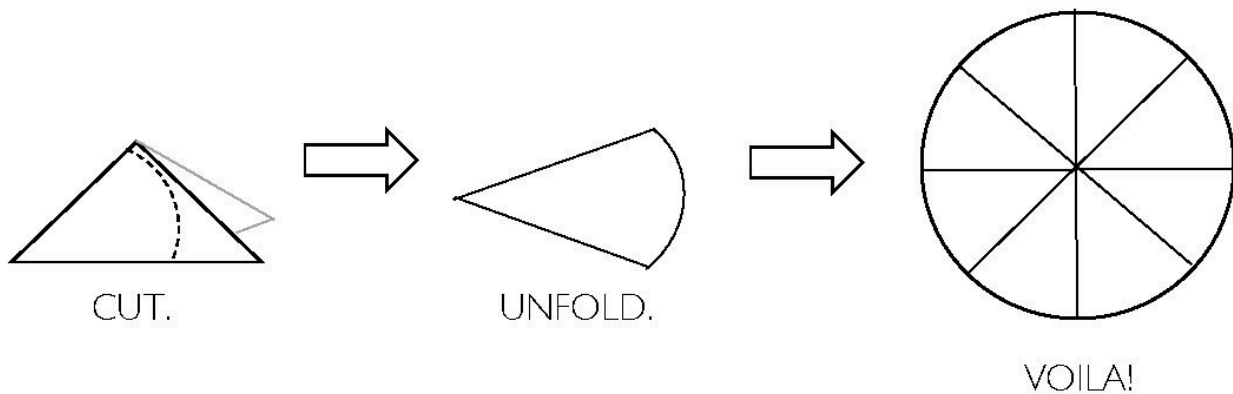
Step 2:

Once excess paper is cut, fold into quarters with the fold line meeting the center.



Step 3:

With your smallest triangle folded, cut the farthest edge. When unfolded, this will make a circle!

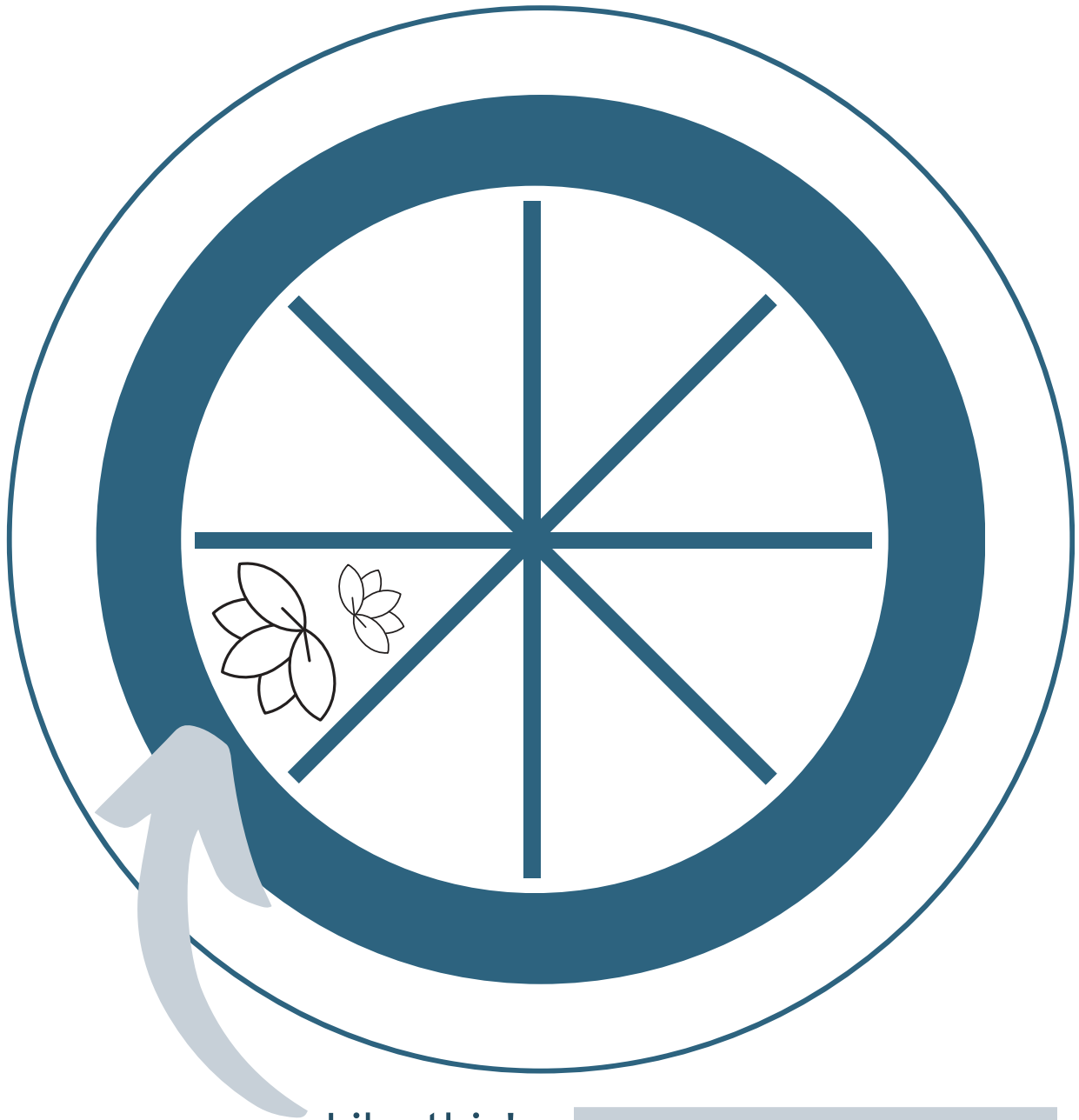


Change it up!

Cut the far edge farther to create a flower-like shape.

Step 4:

Pick one of the 8 octants (wedges)
to draw your design with a pencil.



Like this!

This design will be
mirrored on each
octant.

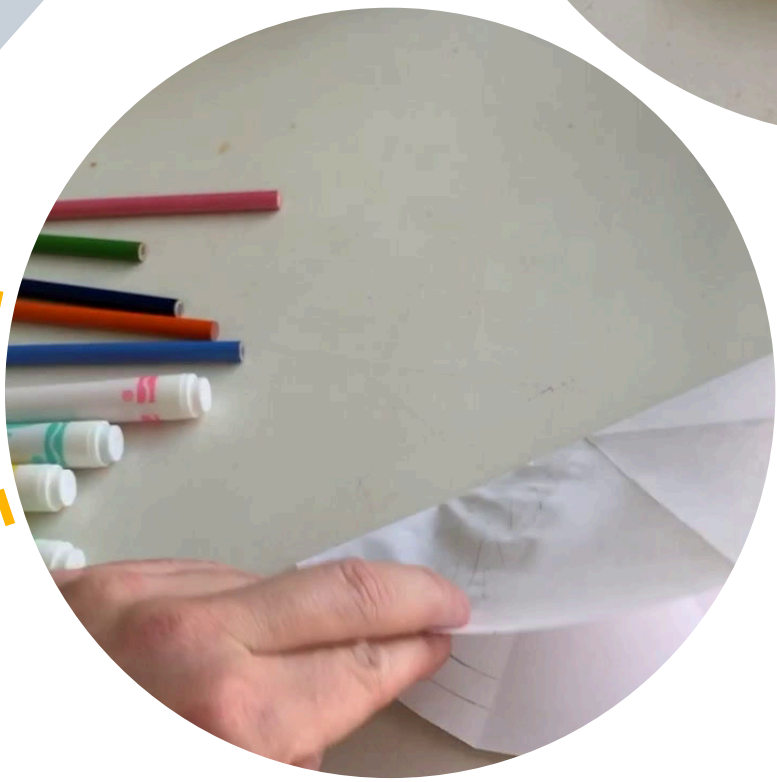
STEP 5



FOLD



RUB

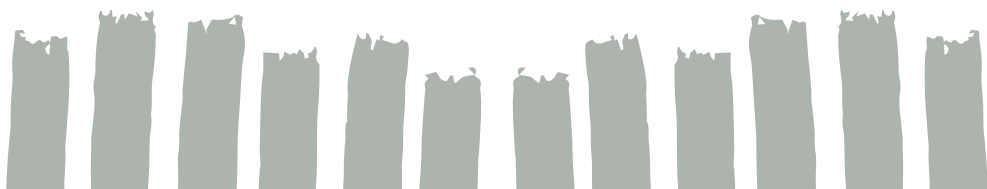


TRACE

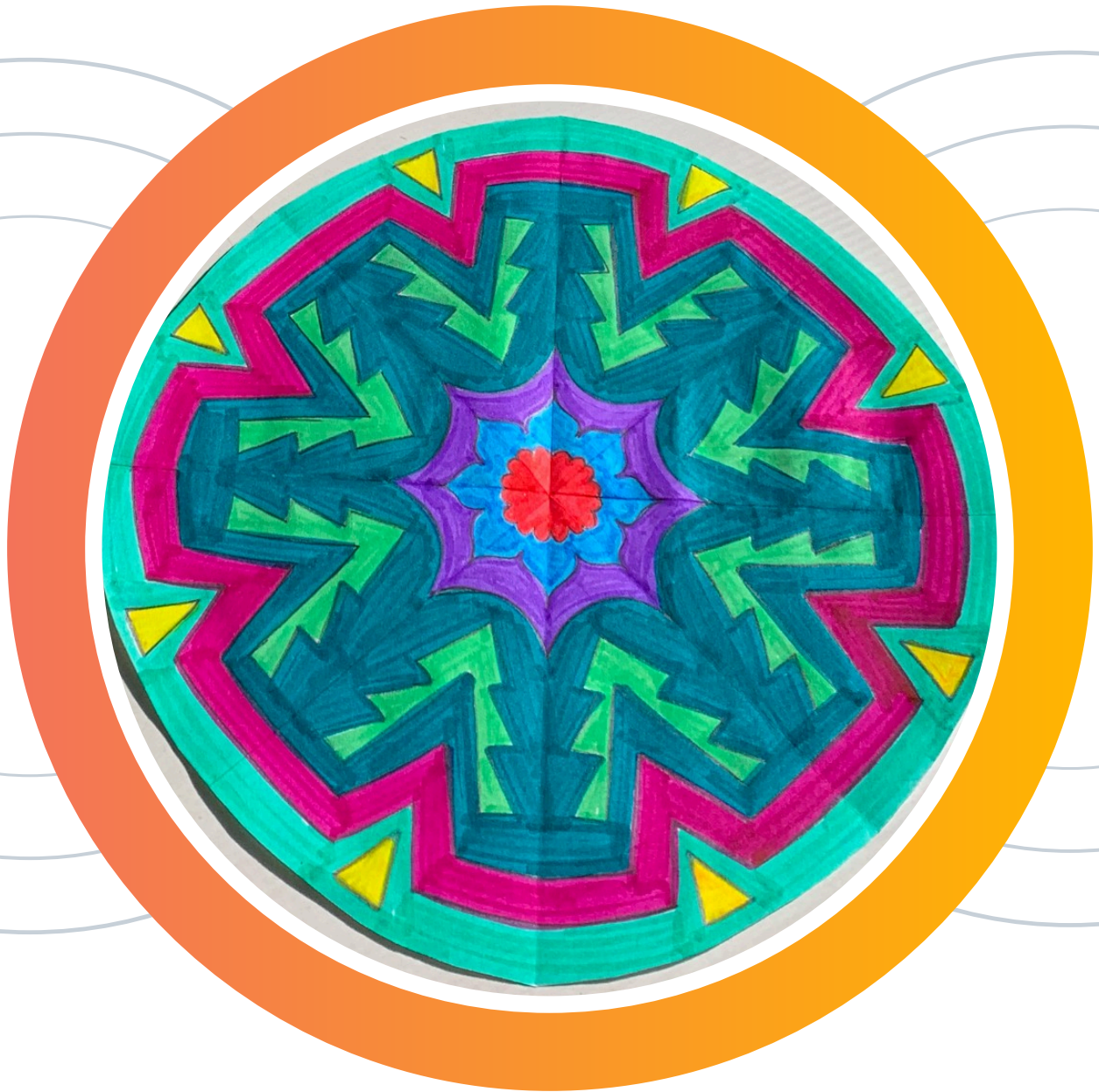
Repeat until fully traced.



ONCE DONE, GET READY TO COLOR!



Color and enjoy!



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